



## Every Day Offerings

240 N. Central Av. Suite 4, Staunton  
 540-886-1534 Mon-Sat 7:30am-7:00pm  
 (Daily Specials Also Available Please check our  
 inside boards)

### Breakfast 7:30am-11:00am

- **Colonial Breakfast** (GF toast option): Three Local Eggs Scrambled, Bacon, Grilled Tomato, Toast 7.25
- **Healthy Hippie** (GF toast option/Veg.)- Two Local Eggs over Greens topped w/ Mushrooms, Garlic, Onions and Turmeric, w/ Tomato and Toast 6.25
- **Greek Yogurt** (Veg.) w/Fruit, Local Granola 5
- **Scones Plate** (Veg.): Four Scones, Butter, Local Jam, House Whipped Cream 6
- **Cheesy Grits** (Veg.) w/Aged White Cheddar 3.25
- **Bagel with Bacon, Egg and Cheese** 8.50
- **Bagel with Salmon, Cream Cheese, Onion and Capers** 8.50

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### BUILD YOUR OWN!!

- Two Local Eggs 2.50 Bacon 1.25 Prosciutto 2 Fruit Cup (GF, Veg. V) 2
- Fruit Bowl (GF, Veg. V) 4 Homefries (GF, Veg.) potatoes, onions, peppers 4.25
- Toast (Wheat or Rye) 1.00 (Gluten Free or Pumpernickel) 1.25

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### Lunch 10:00am - 7:00pm

Price/Wine Pairing

**Salads** made with Local ingredients in season and served with House Made Dressing

- **Cranberry-Walnut** (GF/Veg) w/Craisins, Walnuts and Feta over Greens 6 / Teavine 6
- **Greek** (GF/Veg) w/Tomatoes, Cucumbers, Kalamata Olives, Feta over Greens 6 / Chardonnay 6
- **Strawberry-Pecan** (GF/Veg) w/Strawberries, Pecans, Bleu Cheese, Greens 6 / Teavine 6
- **Deluxe Greek** (GF/Veg) w/Tomatoes, Cucumbers, Kalamata Olives, Feta, Peperoncici Peppers, Artichokes 9 / Chardonnay 6
- **The "Rebecca"** (GF/Veg) w/House Quinoa Tabblouleh over Spinach w/ Feta 6 / Chardonnay 6
- **House** (GF/Veg)F w/ Tomato, Cucumber, Carrot, Cheddar over Greens 6 / Merlot 6
- **Oven Roasted Chicken Salad** w/Walnuts, Grapes, Celery, Chicken and Mayo over Greens 8.50 / Chardonnay 6
- **Local Egg Salad** (Veg.) w/Mustard, Mayo, Paprika, Eggs over Greens 7.50

GF = Gluten Free Option Available Veg. = Vegetarian V = Vegan Option Available

We gladly accept MasterCard, Visa, Checks and Cash. All items subject to availability and may sell out early. Prices subject to change without notice and do not include tax, beverage or gratuity. Dine in or carry out. \* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.