



Every Day Offerings

240 N. Central Av. Suite 4, Staunton
540-886-1534 Mon-Sat 7:30am-7:00pm
(Daily Specials Also Available Please check our
inside boards)

Kids Specials

(Offers good for kids under 12 years old)

Breakfast: Served from 7:30am-11:00am Mon-Sat.

- ❖ **Scrambled Eggs \$3:** One Free Range Eggs scrambled, served with Toast, Butter & Local Jam with a side of fresh Fruit
- ❖ **Greek Yogurt \$2.75:** Small Greek Yogurt served with locally made Granola, and fresh Fruit
- ❖ **Scones w/Fresh Cream, Jam & Butter \$3:** Select 2 Scones with fresh Whipped Cream, Butter & Local Jam

Lunch: Served from 10:00am-7:00pm Mon-Sat

- ❖ **Small Soup \$3:**
- ❖ **Half Sandwich \$2.50:** Select one of our house created sandwiches that use local ingredients when available. All are served on whole wheat bread, with fresh fruit or fresh vegetables. Choose from:
 - **PB & Local J**
 - **Grilled Cheese**
- ❖ **Small Hummus Plate \$3.25:** House Made Hummus, Vegetables, Fruit, Toast
- ❖ **Salads:** Made fresh from local ingredients, when possible, actual ingredients will vary with the seasons. Select from
 - **Small House Salad \$3** A combination of Greens, Vegetables and Cheese
 - **Small Cranberry Walnut Salad \$3:** A combination of Greens, Craisins, Walnuts and Feta Cheese

Desserts:

- ❖ **Fruit Cup \$1.80**
- ❖ **Pound Cake Slice w/Fruit \$3.50:** Nu-Beginning's signature Pound Cake topped with Fruit and house made Whipped Cream.

All items subject to availability and may sell out early. All prices subject to change without notice.

Dine in or carry out!